June 2026

CURRICULUM VITAE

NAME

Peter Martin

CURRENT POSITION

University Professor

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Iowa State University
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EDUCATION

PhD	The Pennsylvania State University (Human Development and Family Studies)
Dr. phil.	University of Bonn, Germany (Psychology)
Dipl. psych.	University of Bonn, Germany (Psychology)
B.A.	Wartburg College (Psychology)

DISSERTATION TITLES

The experience of micro- and macro events. A life-span analysis. *Dissertation Abstracts International, 46,* 3241 B.

Der Herzinfarkt als kritisches Lebensereignis: Ein kultureller Vergleich. [Myocardial Infarction as a Critical Event - A Cross-Cultural Comparison].

POSITIONS HELD

2025-	Faculty Affiliate Neuroscience Iowa State University

2016-	University Professor Iowa State University Ames, IA
1995-2016	Professor Gerontology; Human Development and Family Studies Iowa State University Ames, IA
2007-	Faculty Affiliate Human Computer Interaction Iowa State University
2000-	Faculty, Great Plains Interactive Distance Education Alliance
2010-2012	Faculty Chair, Great Plains Interactive Distance Education Alliance - Gerontology Program Chair
2000-2012	Director Gerontology Program at Iowa State University
2003-2010	Faculty Affiliate Institute for Social and Behavioral Research Iowa State University
1998-2000	Director German Centre for Research on Ageing University of Heidelberg
1998-2000	Professor and Chair Department of Adult Development German Centre for Research on Ageing University of Heidelberg
1992-1995	Coordinator Gerontology Program Iowa State University Ames, IA
1991-1995	Associate Professor Department of Human Development and Family Studies Iowa State University Ames, IA
1990-1991	Associate Professor Department of Child and Family Development The University of Georgia Athens, GA
1985-1990	Assistant Professor Department of Child and Family Development The University of Georgia Athens, GA

RESEARCH GRANTS AND PROJECTS:

2020-2026 P20 GM125526-01, *Center of Biomedical Research Excellence (COBRE) for Translational Research on Aging*. Head, External Advisory Committee, B. Willcox, PI.

2025-2027 Iowa Agriculture and Home Economics Experiment Station (U.S.D.A. Hatch Project Grant IOW05699) - *Everyday functioning and healthy longevity: Investigation of influences and strategies* (PI with Jel Lee).

2023 Healthy Iowa RIR Competition (Iowa State University). *Restoring exercise engagement in sedentary populations through the discovery of the biological factors mediating physical inactivity* (Co-investigator, Peter Clark, PI).

2023-2024 Iowa Agriculture and Home Economics Experiment Station (U.S.D.A. Hatch Project Grant IOW05699) - *Everyday functioning and healthy longevity: Investigation of influences and strategies* (Co-PI with J. Margrett).

2019-2023 *Older people's health initiative by home blood pressure self-measurement*. Co-investigator with K. Kamide, T. Ohkubo, K. Asayama, Y. Tabara, M. Kabayama, K. Sugimoto, K. Yamamoto, & H. Rakugi. $900,000.

2019-2022 Hong Kong Research Grants Council (UGC/FDS15/M01/19). *Adapting to challenges of the tenth decade of life: A mixed method study with Hong Kong near-centenarians and centenarians*. Co-investigator with B. Lau (PI), K. Cheung, C. Chan, J. Siu, J. Luk, H. Chan, F. Wong, & G. Chan

2017-2021 Venture Well faculty grant (#15462-16) *Capitalizing on "booming" opportunities: Innovation, technology, and entrepreneurship to support optimal aging*. Co-investigator with J. Margrett (PI), A. Chandra, C. Chang, J. Hurst, M. Kohut, P. Kreiser, Y. A. Lee, L. Niehm, & M. I. L. Fiestas, $23,400 (Co-investigator).

2017-2021 National Institute of Food and Agriculture (Hatch Project Grant, IOW04116) "*Psychosocial and cognitive aging: Investigating mechanisms to increase reserve and enhance healthspan*." $239,209 (Co-PI with J. Margrett).

2016-2021 UnitedHealthcare Services (AWD-015332). *"Population-based management and segmentation for optimal health care.*" $354,841 (PI).

2012-2016 Iowa Agriculture and Home Economics Experiment Station (U.S.D.A. Hatch Project Grant, IOW03716). *"Cognition, mental health, and activity in older adulthood.* (Co-PI with J. Margrett).

2013-2014 Fulbright U.S. Scholar Grant. "*Longevity, health, and family support in Japan and the United States: A comparative perspective.*"

2011-2013 NIH (1R13AG041931). "*Public health mandate in healthy and successful aging*." (Co-Investigator with L. W. Poon, E. Kahana, B. Kahana, C. Fry, C. Willcox, M. Wykle, & B. Willcox). $45,600.

2010-2011 CAC. "*Smart home laboratory for interdisciplinary courses and projects in gerontechnology*." (Co-PI with Carl Chang, Johnny Wong, and S, Mitra) $31,063.

2009-2012 NSF. CPATH I. "*Experimenting with an open platform for the new interdisciplinary study on gerotechnology*" (Co-PI with C. Chang, J. Wong, S. Mitra, & M. Shelley). $300,000.

2008-2009 College of Human Sciences, Iowa State University. "*Older women's clothing needs and their attitudes toward 3D body scanning*" (Co-investigator with Young-A Lee, Mary Lynn Damhorst, & Joy Kozar). $5,000.

2007-2010 College of Human Sciences, Iowa State University. *Exceptional longevity in rural environments.* (PI with D. L. Alekel, K. Bermann, C. Cook, W. Franke, C. Gundersen, F. Lorenz, A. Smiley-Oyen, & S. Garasky). $50,978.

2006-2011 Iowa Agriculture and Home Economics Experiment Station (U.S.D.A. Hatch Project Grant). *"Vulnerability and resiliency of old and very old rural adults."* (PI with C. Cook, M. MacDonald, D. Russell, & K. Wickrama). $350,000.

2005-2006 The Anthony Marchionne Foundation. *"Surviving alone: The unmarried in later life."* (PI with Alex Bishop). $39,380 (direct costs).

2001-2009 NIH (3PO1AG017553-02S1). *"A Population-based, multidisciplinary study of centenarians" (Project 4 of program project: "Resources and adaptation in centenarians").* Project Leader with C. Rott and Maurice MacDonald). $431,934 (direct costs).

2001-2009 NIH (1 PO1 AG17553-01A1). *"A population-based, multidisciplinary study of centenarians."* (PO1, Co-Leader with Leonard Poon, Michal Jazwinski, and Robert Green). $6,103,831 (direct costs).

2002 Vice Provost for Research and Advanced Studies and Department of Human Development and Family Studies, Iowa State University. *"Risk and resilience in rural elderly Iowans"* (PI with Christine Cook, Charles Hatcher, Colleen Jolly, Nancy Meredith, Mary Yearns, Warren Franke, Marian Kohut, Mary Jane Oakland, Nancy Miller, Dan Russell, Karen Bermann, & Arvid Osterberg). $12,666.

2000-2006 IAHEES. *Family and community support for rural quality of life* (Co-PI with M. MacDonald, Chalandra Bryant, Christine Cook, Sue Crull, S. Garasky, C. Hatcher, J. Lempers, C. Peterson, & M. Winter).

1999 German-American Academic Council. *"The new family paradigm: Intergenerational relationships in the 21st century."* Distinguished Lectureship,

Professor Vern Bengtson. DM16, 000 (approximately $10,000).

1999 European Science Foundation. *"Autonomy versus dependence in the oldest old."* (PI with Michel Allard, Bo Hagberg, Bernard Jeune and Kevin Morgan). FF 180,000 (approximately $32,500).

1998-1999 Ministerium für Wissenschaft und Kunst, Baden Württemberg und Bundesministerium für Familie, Senioren, Frauen und Jugend (314-1722-102/16). *"Interdisziplinäre Längsschnittstudie über Bedingungen eines zufriedenstellenden Lebens im Erwachsenenalter und Alter"[Interdisciplinary longitudinal study on the predictors of subjective well being in adulthood and old age]*. (PI with Ursula Lehr and Mike Martin) DM 1,237,000 (approximately $770,000).

1995-1999 Iowa Home Economics Experiment Station Research (IOW03365). *"Individual and family resources of the oldest old."* (PI with Joyce Mercier and Christine Cook).

1995-1997 Department of Science and Research of Baden-Württemberg, Germany. *"Rehabilitationsforschung mit alten Menschen" [Rehabilitation of older adults]*. (Co-investigator with H. W. Wahl, E. Minnemann and U. Lehr). DM 491,070 (approximately $306,000).

1995 German Academic Exchange Service Study Leave. *International assessment of the oldest old.* $2,300.

1993-1995 National Dairy Council. *Dairy product consumption by centenarians.* (Co-PI with M. A. Johnson, L. Poon, G. Clayton, & A. Sweaney). $79,090.

1992-1997 NIMH (RO1 43435-10). *Adaptation and mental health of the oldest old.* (Co-PI with L. W. Poon and M. A. Johnson). $1,575,577.

1993-1994 Iowa Governor's Planning Council for Developmental Disabilities. *Joining forces: Aging and developmental disabilities.* (PI with M. J. Brotherson, C. Cook, J. Mercier, M. J. Oakland, & M. Yearns). $14,495.

1992-1993 Iowa State University, College of Family and Consumer Sciences Grace Olsen Endowment Fund. *Family support and mental health of the oldest old.* $4,992.

1990-1991 HHS Grant. (Aging Initiative Faculty Member). *Training initiative on aging and developmental disabilities.* $270,000.

1990-1992 NIMH Supplemental Grant. *Adaptation and mental health of the oldest-old.* (Co-PI with L. W. Poon, M. A. Johnson, and G. Clayton). $183,309.

1988-1989 Special Funding Initiative, Medical College of Georgia. Nutritional Patterns, *Eating and health seeking behaviors of the oldest-old.* (Co-PI with G. Clayton, M. A. Johnson, and L. W. Poon). $12,500.

1988-1992 NIMH Grant (RO1 43435). *Adaptation and mental health of the oldest-old.* (Co-PI with L. Poon and G. Clayton). $739,444.

1987-1988 Faculty Research Grants Program. *Parental care: Normative stresses for adult children.* $3,829.

1986-1987 Lilly Instructional Improvement Grant. *Older individuals, their families and their ecology.* $3,000.

1982-1984 Biomedical Research Support Grant Program. *Coping with myocardial infarction: A cross-cultural comparison.* (Co-PI with D. Hultsch). $5,480.

BOOKS

1. Martin, P. (2023). *Reaching the limit: Development in late life*. Linus Learning.

2. Martin, P., Rott, C., Hagberg, B., & Morgan, K. (2000). *Centenarians - Autonomy vs. dependence in the oldest old.* New York: Springer.

3. Martin, P., Ettrich, K. U., Lehr, U., Roether, D., Martin, M., & Fischer-Cyrulies, A. (2000). *Aspekte der Entwicklung im mittleren und höheren Lebensalter: Ergebnisse der Interdisziplinären Längsschnittstudie des Erwachsenenalters (ILSE).* [Aspects of development in middle and later adulthood: The Interdisciplinary Longitudinal Study of Adulthood (ILSE)]. Darmstadt: Steinkopff.

BOOK CHAPTERS AND ENCYCLOPEDIA ENTRIES (*designates graduate student)

4. Martin, P., Lee, J., & Gilligan, M. (2026, in press). Resilience, adaptation to change, and healthy aging. In P. Coll (Ed.), *Healthy aging* (2nd ed.). Springer Nature.

5. Martin, P., & Lee, G. (2026). Healthful patterns of aging and longevity. In S. Kapadia & R. Bhangaokar (Eds.), *A handbook of human development: Perspectives from India.* Springer.

6. Martin, P., *Arieli, R., & Kim, J. (2022). Environmental support among centenarians. In M. Poulain and J. Mackowicz (Eds.), *Positive ageing and learning from centenarians: Living longer and better* (pp. 138-152). Routledge. https://doi.org/10.4324/9781003162216-10

7. Martin, P., & *Lee, G. (2021). Iowa Centenarian Study. In D. Gu & M. E. Dupre (Eds.), *Encyclopedia of Gerontology and Population Aging.* New York: Springer. doi: https://doi.org/10.1007/978-3-319-69892-2_970-1

8. Peterson, N. M., & Martin, P. (2019). Embodied transitions in Michel de Montaigne. In L. M. DeTora & S. M. Hilger (Eds.), *Intelligible states: Bodies and/as transitions in the health humanities*. Philadelphia, PA: Routledge.

9. Poon, L. W., Martin, P., Johnson, M. A., Jazwinski, S. M., Woodard, J. L., & Nelson, P. (2019). The Georgia Centenarian Study. In D. Gu & M. E. Dupre (Eds.), *Encyclopedia of*

Gerontology and Population Aging. New York: Springer. https://doi.org/10.1007/978-3-319-69892-2_971-1

10. Martin, P., Lee, J., & Gilligan, M. (2019). Resilience, adaptation to change, and healthy aging. In P. Coll (Ed.), *Healthy aging* (pp. 329-334). Basel: Springer Nature Switzerland.

11. Martin, P., & *Baek, Y. (2018). Centenarian. In M. H. Bornstein (Ed.), *Encyclopedia of lifespan human development* (pp. 329-331). Thousand Oaks, CA: Sage. doi: 10.4135/9781506307633.n126

12. Martin, P. Poon, L. W., *Lee, K., *Baek, Y., & Margrett, J. A. (2017). Successful aging: The role of cognition, personality, and whole-person wellness. In A. Shamim (Ed.), *Aging: Exploring a complex phenomenon.* Abingdon, UK: Taylor & Francis.

13. Martin, P., & Poon, L. W. (2016). Centenarians. In S. K. Whitbourne (Ed.), *Encyclopedia of adulthood and aging.* New York: Wiley.

14. Martin, P., & Poon, L. W. (2016). Exceptional survivors. In S. K. Whitbourne (Ed.), *Encyclopedia of adulthood and aging.* New York: Wiley.

15. Poon, L. W., Martin, P., & Johnson, M. A. (2016). Georgia Centenarian Study, 1988-2009. *Encyclopedia of Geropsychology* (pp. 1-4). New York: Springer. doi:10.1007/978-981-287-080-3_61-1

16. Margrett, J. A., Martin, P., Woodard, J. L., & Poon, L. W. (2016). Psychosocial resources and cognitive and linguistic processes among oldest old persons. In H. Harris Wright (Ed), *Cognition, language, and aging* (pp. 193-220). Amsterdam: John Benjamins. doi: 10.1075/z.200

17. Martin, P., Margrett, J., & *Lockhart, P. (2016). Exceptional longevity: The Iowa Centenarian Study. *Encyclopedia of Geropsychology* (pp. 1-8). New York: Springer. doi: 10.1007/978-981-287-080-3_73-1

18. *Hensley, B., Martin, P. Margrett, J., MacDonald, M., Siegler, I. C., & Poon, L. W. (2012). Life events and personality influencing loneliness among centenarians: Findings from the Georgia Centenarian Study. In A. Rokach (Ed.), *Loneliness updated: Recent research on loneliness and how it affects our lives* (pp. 174-188). New York: Routledge.

19. Johnson, M. A., Hausman, D., Martin, P., Poon, L. W., Sattler, E. L., & Davey, A. (2011). Nutrition and well-being. In L. W. Poon & J. Cohen-Mansfield (Eds.), *Understanding the well-being of the oldest old* (pp. 171-185). Cambridge: Cambridge University Press.

20. Martin, P., *Deshpande-Kamat, N., Poon, L. W., & Johnson, M. A. (2011). The model of developmental adaptation: Implications for understanding well-being in old-old age. In L. W. Poon & J. Cohen-Mansfield (Eds.), *Understanding the well-being of the oldest old* (pp. 65-78). Cambridge: Cambridge University Press.

21. Martin, P., *da Rosa, G., & Poon, L. W. (2011). The impact of life events on the oldest old. In L. W. Poon & J. Cohen-Mansfield (Eds.), *Understanding the well-being of the oldest old* (pp. 96-110). Cambridge: Cambridge University Press.

22. *Bishop, A., & Martin, P. (2011). The measurement of life satisfaction and happiness in old-old age. In L. W. Poon & J. Cohen-Mansfield (Eds.), *Understanding the well-being of the oldest old* (pp. 290-331). Cambridge: Cambridge University Press.

23. Martin, P., MacDonald, M., Margrett, J., & Poon, L. W. (2010). Resilience and longevity: Expert survivorship of centenarians. In P. Fry & C. Keyes (Eds.), *New frontiers in resilient aging: Life-strengths and well-being in late life* (pp. 213-238). New York, NY: Cambridge University Press.

24. Poon, L. W., Martin, P., & Margrett, J. (2010). Cognition and emotion in centenarians. In C. A. Depp, & D. V. Jeste (Eds.) *Successful cognitive and emotional aging* (pp. 115-133). Arlington, VA: American Psychiatric Publishing, Inc.

25. Siegler, I. C., Poon, L. W., Madden, D. J., Dilworth-Anderson, P., Schaie, K. W., Willis, S. L., & Martin, P. (2009). Psychological aspects of normal aging. In D. G. Blazer & D. Steffens (Eds.), *Textbook of geriatric psychiatry* (4th edition, pp. 145-167). New York: American Psychiatric Publishing, Inc.

26. Martin, P. (2007). Personality and coping among centenarians. In L. W. Poon & T. T. Perls (Eds.), *Annual Review of Gerontology and Geriatrics, vol. 27: Biopsychosocial approaches to longevity* (pp. 89-106). New York: Springer.

27. Poon, L. W., Jazwinski, S.M., Green, R. C., Woodard, J. L., Martin, P., Rodgers, W. L., Johnson, M. A., Hausman, D., Arnold, J., Davey, A., Batzer, M. A., Markesbery, W. R., Gearing, M., Siegler, I. C., Reynolds, S., & Dai, J. (2007). Methodological considerations in studying centenarians: Lessons learned from the Georgia Centenarian Studies. In L. W. Poon & T. T. Perls (Eds.), *Annual Review of Gerontology and Geriatrics: Vol. 27. Biopsychosocial approaches to longevity* (pp. 231-264). New York: Springer.

28. Martin, P. (2003). Coping with multiple chronic health conditions. In L. W. Poon, S. H. Gueldner, & B. Sprouse (Eds.), *Successful aging and adaptation with chronic diseases in older adulthood* (pp. 209-219). New York: Springer.

29. Penrod, J., & Martin, P. (2003). Health expectancy, risk factors, and physical functioning. In L. W. Poon, S. H. Gueldner, & B. Sprouse (Eds.), *Successful aging and adaptation with chronic diseases in older adulthood* (pp. 104-115). New York: Springer.

30. Martin, P., & Rott, C. (2001). Nur durch Aktivität gesund und zufrieden bis ins höchste Alter? Ergebnisse der Langlebigkeitsforschung. [Does only activity predict healthy and satisfied old age? Latest research on longevity]. In R. Daugs, E. Emrich, C. Igel & W. Kindermann (Eds.), *Aktivität und Altern* (pp. 66-79). Schorndorf: Hofmann.

31. Poon, L. W., Johnson, M. A., Davey, A., Martin, P., Siegler, I. C., & Dawson, D. V. (2000). Adding life to years: The Georgia Centenarian Study. In S. J. Choi (Ed.),

Memorial Symposium Monograph, 6th Asia/Oceanic Regional Conference of Gerontology. Seoul: Federation of Korean Gerontological Societies.

32. Martin, P. (2000). Altern im 21. Jahrhundert. [Aging in the 21st century]. In H. Vogt (Ed.), *Wissenschaft 2000* (pp. 157-161). Heidelberg: Winter.

33. Von Wilmersdorf, M., Schröder, J., Werner, D., Minnemann, E., Grünendahl, M., Schmitt, M., Pantel, J., Martin, P., & Lehr, U. (2000). Alkoholmissbrauch und Alkoholabhängigkeit im Alter – erste Ergebnisse aus der interdisziplinären Längsschnittstudie des Erwachsenenalters. In C. Kretschmar, R. D. Hirsch, M. Haupt, R. Ihl, R. Kortus, G. Stoppe & C. Wächtler (Eds.), Angst - Sucht - Anpassungsstörungen im Alter [Anxiety – dependency – adjustment problems in old age] (pp. 280-284). Düsseldorf: Chudeck.

34. Martin, P., & Martin, M. (2000). Design und Methodik der Interdiziplinären Längsschnittstudie des Erwachsenenalters. [Design and method of the Interdisciplinary Longitudinal Study of Adulthood]. In P. Martin, K. U. Ettrich, U. Lehr, D. Roether, M. Martin, & A. Fischer-Cyrulies (2000). *Perspektiven der Entwicklung im mittleren und höhren Erwachsenenalter: Die interdisziplinäre Längsschnittstudie des Erwachsenenalters (ILSE). [Perspectives of development in middle and later adulthood: The Interdisciplinary Longitudinal Study of Adulthood (ILSE)]* (pp. 17-27). Darmstadt: Steinkopff.

35. Martin, P., Rott, C., *Kerns, M.D., Poon, L. W., & Johnson, M. A. (2000). Predictors of depressive symptoms in centenarians. In P. Martin, Ch. Rott, B. Hagberg, & K. Morgan (Eds.), *Centenarians: Autonomy versus dependence in the oldest old* (pp. 91-104). New York: Springer.

36. Poon, L. W., Johnson, M. A., Davey, A., Dawson, D. V., Siegler, I. C., & Martin, P. (2000). Psycho-social predictors of survival among centenarians. In P. Martin, Ch. Rott, B. Hagberg, & K. Morgan (Eds.), *Centenarians: Autonomy versus dependence in the oldest old* (pp. 77-89). New York: Springer.

37. Martin, P., & Rott, C. (2000). Zur Lebenssituation der "ältesten Alten" (pp. 88-92) [The life situation of the oldest old.] In T. Nikolaus (Ed.). *Klinische Geriatrie*. Berlin: Springer.

38. Martin, P. (2000). Ergebnisse zur Bedeutung "aktiven Alterns"[Results concerning "active aging"]. In H.-W. Wahl & C. Tesch-Römer (Eds.). *Angewandte Gerontologie in Schlüsselbegriffen* (pp. 173-177). Stuttgart: Kohlhammer.

39. Martin, P., *Raiser, V., Poon, L. W., Bramlett, M. A., & Johnson, M. A. (1997). Personality and activity in the oldest-old. In G. Huber (Ed.), *Healthy aging, activity and sports* (pp. 243-253). Werbach-Gamburg: Health Promotions Publications.

40. Poon, L. W., Johnson, M. A., Martin, P., Shibata, H., & Shimonaka, Y. (1997). Commonalties and predictors of activity of daily living in two community-dwelling older adult samples: The Georgia Centenarian Study, USA and the Koganei Study, Japan. In G.

Huber (Ed.), *Healthy aging, activity and sports* (pp. 230-242). Werbach-Gamburg: Health Promotions Publications.

41. Poon, L. W., Johnson, M. A., & Martin, P. (1997). Looking into the crystal ball: Will we ever be able to accurately predict individual differences in longevity? In J. M. Robine, J. W. Vaupel, B. Jeune & M. Allard (Eds.), *Longevity: To the limits and beyond* (pp. 113-119). Berlin: Springer.

42. Poon, L. W., Bramlett, M. H., Holtsberg, P. A., Johnson, M. A., & Martin, P. (1996). Who will survive to 105? *1997 Medical and Health Annual* (pp. 62-77). Chicago: Encyclopaedia Britannica, Inc.

43. Martin, P., & *Olsen, S. F. (1996). Die Übertragung von Interaktionsmustern zwischen Generationen. [The transmission of interaction patterns across generations]. In W. Edelstein, K. Kreppner, & D. Sturzbecher (Eds.), *Familie und Kindheit im Wandel* (pp.287-295). Potsdam: Verlag für Berlin-Brandenburg.

44. Martin, P. (1995). Life patterns and age styles in older adults. In J. Hendricks (Ed.), *The meaning of reminiscence and life review* (69-82). Amityville, NY: Baywood.

45. Martin, P., & *Luke, L. (1991). Divorce and the wheel theory of love. In C.A. Everett (Ed.), *Marital instability and divorce outcome* (pp. 3-21). New York: Haworth Press.

JOURNAL PUBLICATIONS (*designates graduate student)

46. *Abaei, E., & Martin, P. (2026). Identifying longevity patterns among Iowa centenarians: A latent profile analysis. *International Journal of Behavioral Development*, 1-15. doi: 10.1177/01650254261441501

47. *Abaei, E., & Martin, P. (in press). Cognitive function and its change over time: Effects on depression trajectories in oldest-old adults. *Aging and Mental Health*. https://doi.org/10.1080/13607863.2026.2612728.

48. Lee, G., Martin, P., & Russell, D. (2025). Exploring profiles of social support sources among longevity achievers: An application of latent profile analysis. *Journal of Elder Policy, 2025*, 1-14. doi: 10.1002/jey2.70003

49. Lee, Y. J., Masaki, K., Chen, R., Martin, P., Gonzales, E., Whetung, C., Takemoto, E. K., & Willcox, B. (2025). Active aging activities and genetic determinants of cognitive health: Findings from the Kuakini Honolulu-Asia Aging Study. *The Gerontologist, 65*(10), gnaf174. https://doi.org/10.1093/geront/gnaf174

50. *Abaei, E., & Martin, P. (2025). The association between close relationships and happiness among older adults. *International Journal of Aging & Human Development*, 914150251352197. Advance online publication. https://doi.org/10.1177/00914150251352197

51. Martin, P., Poon, L. W., Lee, G., Obhi, H. K., Willcox, B. J., & Masaki, K. H. (2025).

From 70 to 100: The Kuakini Hawaii Centenarian Study. *The Journals of Gerontology. Series A, Biological sciences and medical sciences, 80*(7), glaf078. https://doi.org/10.1093/gerona/glaf078

52. *Kim, E., Lee, G., Lee, J. E., & Martin, P. (2025). Reciprocal relationship between sense of control and social support: a random-intercept cross-lagged panel model. *Aging & Mental Health*, 29(8), 1525–1534. https://doi.org/10.1080/13607863.2025.2484354

53. Kikuchi, A., Martin, P., & Gondo, Y. (2024). The effects of age and cultural differences on the relationship between aging anxiety and ageism: Focusing on social identity theory. *International Journal of Aging and Human Development*, 914150241297521. Advance online publication. https://doi.org/10.1177/00914150241297521.

54. Lee, Y. J., Gonzales, E., Wu, Y., Braun, K. L., Martin, P., Willcox, B., & Andel, R. (2024). The association between activities and cognitive health: Stratified analysis by APOE ε4 status. *Journal of Alzheimer's Disease Reports, 8*, 1, 1502-1515. https://doi.org/10.1177/25424823241290528

55. *Abaei, E., & Martin, P. (2024). Unraveling the dynamics of loneliness and cognition in late life: A cross-lagged panel model. *Frontiers in Public Health, 12*,1425403. https://doi.org/10.3389/fpubh.2024.1425403

56. Kallianpur, K. J., Obhi, H. K., Donlon, T., Masaki, K., Willcox, B., & Martin, P. (2024). Cross-sectional and longitudinal associations between late-life depressive symptoms and cognitive deficits: 20-year follow-up of the Kuakini Honolulu-Asia Aging Study. *Archives of Gerontology and Geriatrics, 127,* 105551. doi: 10.1016/j.archger.2024.105551

57. Grubor, N., Gazibara, T., Gregoric, P., Loncar, Z., Doklestic Vasiljev, K., Ivancevic, N., Micic, D., Pavic, N., Martin, P., Tadic, B., Eric, K. Cvjetkovic, S., & Ceranic, M. (2024). Validity of the health personality assessment among rectal cancer survivors in Serbia. *Heliyon, 10,* e32841. doi: 10.1016/j.heliyon.2024.e32841

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Martin, P. (2025). Foreword. In K. A. S. Wickrama, C. W. O'Neal and K.A T. Wikrama. *Family economic adversity and later-life physical health and well-being: A life course integrative framework.* Cambridge Publishers.

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Poon, L. W., Johnson, M. A., & Martin, P. (2014). Adept at survival. *International Innovations.*

Martin, P., Baenziger, J., Margrett, J., Sanders, G., Cooney, T., Doll, G., & Pearson Scott, J. (2007). Great Plains Interactive Distance Education Alliance – A Great Idea! *Adult Development & Aging News, 35*(3), 21-23.

Research Reports

Arieli, R., Cone, N., Kim, J., Jasper, A., Baek, Y., Russell, D., & Martin, P. (2021). *Population-based management and segmentation for optimal health care: Health personality and well-being*. [Final research report]. Department of Human Development and Family Studies, Iowa State University.

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Martin, P., Kerns, M. D., Kliegel, M., Long, M. V., Mercier, J., & Cook, C. (1999). *Individual and family resources of the oldest old: The Iowa Oldest Old Study.* [Research report]. German Centre for Research on Ageing, University of Heidelberg.

Martin, M., Martin, P., Schmitt, M., & Grünendahl, M. (1999). *Projekt "Interdisziplinäre Längsschnittstudie des Erwachsenenalters"(ILSE): Konzepte und Ergebnisse.* [Project "Interdisciplinary Longitudinal Study of Adult Development"(ILSE): Concepts and results.] [Research report]. German Centre for Research on Ageing, University of Heidelberg.

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INVITED PRESENTATIONS (Last Six Years)

Martin, P. (2022, December). *Decoding lifestyles and behavior for longevity, healthiness and happiness.* Invited presentation at the International Conference on GoldenZone Wellness, "Ultimate Wellness: Longevity, Healthiness and Happiness." Bangkok, Thailand.

Martin, P. (2022, November). *The importance of the human sciences to Gerontology and to an aging society.* Invited presentation to celebrate the 50th anniversary of the School of Human Sciences, Osaka University, Japan.

Martin, P. (2022, January). *Aging in the 21st Century: Opportunities and Challenges*. National Academy of Psychology (NAOP) – India.

Martin, P. (2019, October). *Making it to 100 - Functional changes over time*. National Center for Geriatrics and Gerontology, Obu, Japan.

Martin, P. (2019, February). *Keys to longevity.* Invited presentation at the Iowa Chapter Fulbright Association. Des Moines, IA.

Martin, P. (2019, January). *Healthful patterns of aging and longevity*. Invited keynote address at the conference "Human Development in a Globalizing World Perspectives from South and South-East Asia." Baroda, India.

Martin, P. (2019, January). *Academic publishing and grant proposal writing*. Pre-conference workshop. "Human Development in a Globalizing World Perspectives from South and South-East Asia." Baroda, India.

JURIED PRESENTATIONS (SELECTED, LAST SIX YEARS)

*Abaei, E., Martin, P., & Hwang, I. J. (2026, November). *Parent-child, early life adversity, and loneliness in older adulthood.* To be presented at the annual meeting of the National Council for Family Relations, Minneapolis, MN.

*Abaei, E., Martin, P., & Hwang, I. J. (2026, November). *Age differences in developmental adaptation*. To be presented at the annual meeting of the Gerontological Society of America, National Harbor, MD.

Martin, P. (2025, November). *Pathways to longevity.* Symposium presented at the annual meeting of the Gerontological Society of America, Boston, MA.

*Hashemzehi, A., & Martin, P. (2025, November). *Loneliness among the silent generation and Baby Boomers: A replicated cross-sectional analysis.* Presented at the annual meeting of the Gerontological Society of America, Boston, MA.

*Abaei, E., & Martin, P. (2025, November). *Growth mixture modeling of loneliness trajectories in older adults: The Role of cognitive function.* Presented at the annual meeting of the Gerontological Society of America, Boston, MA.

Kim, E., Lee, J., & Martin, P. (2025, November). *Longitudinal associations between pain trajectories and cognitive function: The role of neighborhood context.* Presented at the annual meeting of the Gerontological Society of America, Boston, MA.

*Deshmukh, M., & Martin, P. (2025, November). *Does having an only child affect the health and well-being of older adults?* Presented at the annual meeting of the Gerontological Society of America, Boston, MA.

*Trout, N., & Martin, P. (2025, May). *Assessing life satisfaction among older adults in different care settings*. Presented at the Midwestern Psychological Association, Chicago.

Martin, P. (2024, November). *Longevity in cultural context: Findings from four centenarian studies*. Symposium presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

Willcox, B., & Martin, P. (2024, November). *Longevity in the Pacific: Findings from the Kuakini Hawaii Centenarian Study.* Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

Johnson, M., & Martin, P. (2024, November). *African Americans' long life: Findings from the Health and Retirement Study.* Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

Lee, Y, J., Gonzales, E., Wu, Y., Braun, K., Martin, P., Willcox, B., & Andel, R. (2024, November). *The role of APOEe4 in the association between productive and leisure activities and cognitive health*. Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

Hensley, R., Martin, P., & Bishop, A. (2024, November). *A new look at neuroticism: Findings from the Iowa Unmarried Survivors Study.* Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

*Abaei, E., & Martin, P. (2024, November). *The association between close relationships and happiness among older adults.* Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

*Abaei, E., & Martin, P. (2024, November). *Loneliness and cognitive function in older adults: A longitudinal analysis.* Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

*Lee, E., Lee, J., & Martin, P. (2024, November). *The long-term effects of early sensory impairments on later life disability and loneliness.* Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

Da Rosa, G., & Martin, P. (2024, November). *Perceptions of aging: investigating group differences and predictors of subjective age.* Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

*Deshmukh, M., & Martin, P. (2024, November). *Caregiving: An exploratory study on number of children as a moderator between loneliness and self-reported health and life satisfaction among older adults.* Presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

Johnson, M., & Martin, P. (2023, November). *Longevity determinants in African Americans: An intra-group analysis from the Health and Retirement Study*. Presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

Martin, P., & Gondo, Y. (2023, November). *Getting better or getting worse: Markers of*

longevity across cohorts and countries. Symposium presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

Martin, P., & Gondo, Y. (2023, November). *Introducing centenarian studies in an aging world.* Presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

Martin, P. (2023, November*). Kuakini HHP Center for Translational Research on Aging - Latest Findings from Model Organisms to Humans*. Discussant at the annual meeting of the Gerontological Society of America, Tampa, FL.

*Ryou, Y., Wang, M., & Martin, P. (2023, November). *Financial satisfaction and personality in older adults.* Presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

*Deshmukh, M., & Martin, P. (2023, November). *A study on job stress as a mediator between demographic variables and self-reported health among older adults.* Presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

Hensley, R.1, Martin, P., & Bishop, A. (2023, November). *The curious case of conscientiousness and depression: Findings from the Iowa Unmarried Survivors Study*. Presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

*Lee, G., & Martin, P. (2023, November). *Comparing earlier vs. later born centenarian cohorts from the Health and Retirement Study.* Presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

*Abaei, E., & Martin, P. (2023, November). *The effects of partners' happiness on each other: An actor-partner interdependence model.* Presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

*Peterson, N., *Brottman, B., & Martin, P. (2023, November). Staying single into very late life: Longitudinal analysis of never-married adults. Presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

Martin, P. (2022, November). *Reaching the limit – Centenarians in the Health and Retirement Study.* Symposium presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

Martin, P., *Lee, G., *Arieli, A., & *Ryou, Y. (2022, November). *Introducing the HRS centenarians.* Presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

Martin, P. (2022, November). *Kuakini HHP Center for Translational Research on Aging: Latest findings from mice to humans. Discussant.* Presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

Hensley, R. B., Martin, P. & Bishop, A. (2022, November). *Do I get by with a little help from my friends? Findings from the Iowa Unmarried Survivors Study.* Presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

*Arieli, R. & Martin, P. (2022, November). *Examining physical health among cohorts of centenarian survivors in the Health and Retirement Study.* Presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

Pat, L. Y. C., Lau, B. H. P., Martin, P., Siu, J. C. Y., Cheung, K. S. L., Chan, C. L. W., Chan, G. M. Y., & Luk, J. K. H. (2022, November). *Feeling vs being connected: Differentiating loneliness and isolation in near- and centenarians.* Presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

Pat, L. Y. C., Lau, B. H. P., Cheung, K. S. L., Chan, G. M. Y., Kwan, J. S. K., Luk, J. K. H., Martin, P., & Chan, C. L. W. (2022, November). *Survival of the fittest or frailest? Comparing the health of centenarians over a 10-year period.* Presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

Shum, E. N. Y., Lau, B. H. P., Cheung, K. S. L., Chan, G. M. Y., Kwan, J. S. K., Luk, J. K. H., Martin, P., & Chan, C. L. W. (2022, November). *Comparing successful aging of near-centenarians and centenarians: Findings from 2011 and 2021/22.* Presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

Shum, E. N. Y., Lau, B. H. P., Martin, P., Siu, J. C. Y., Cheung, K. S. L., Chan, C. L. W., Chan, G. M. Y., & Luk, J. K. H., (2022, November). *Love or obligation to "see them through:" Burdens and gains in caregiving for centenarians.* Presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

*Ryou, Y., *Lee, G., *Arieli, R., Martin, P., Choi, S., Cho, J., & Heinz, M. (2021, November). *Psychosocial predictors of psychological well-being during the COVID-19 pandemic.* Presented at the annual meeting of the Gerontological Society of America, online.

Cho, J., Choi, S. L., Rahimighazikalayeh, G., Martin, P., Heinz, M., & Ryou, Y. J. (2021, November). *A longitudinal trajectory of loneliness and the COVID-19 pandemic among the oldest-old population.* Presented at the annual meeting of the Gerontological Society of America, online.

*Lee., G., & Martin, P. (2021, November). *Coupling effects of depression and functional disability: Using bivariate latent change score model.* Presented at the annual meeting of the Gerontological Society of America, online.

Martin, P. (2021, November). *Kuakini HHP Center for Translational Research on Aging - Aims and Preliminary Findings.* Discussant at the annual meeting of the Gerontological Society of America, online.

*Arieli, R., & Martin, P. (2021, November). *Patterns of healthcare costs among older adults: Demographics, health personality, and resilience.* Presented at the annual meeting of the Gerontological Society of America, online.

Martin, P. (2020, November). *Understanding health concerns of older adults: Health personality, health activation, and well-being* . Symposium presented at the annual meeting of the Gerontological Society of America Online.

Martin, P. *Kim, J., *Arieli, R., & *Cone, N. (2020, November). *Health personality and well-being: An overview.* Presented at the annual meeting of the Gerontological Society of America Online.

*Cone, N., & Martin, P. (2020, November). *Demographic differences in health personality*. Presented at the annual meeting of the Gerontological Society of America Online.

*Kim, J., & Martin, P. (2020, November). *Health personality, resilience, and activation.* Presented at the annual meeting of the Gerontological Society of America Online.

*Arieli, R., & Martin, P. (2020, November). *Health personality, physical and emotional well-being.* Presented at the annual meeting of the Gerontological Society of America Online.

*Cone, N., & Martin, P. (2020, November). *Health personality, consumer health activation, and loneliness.* Presented at the annual meeting of the Gerontological Society of America Online.

Martin, P. (2020, November). Lifelong engagement: *The role of cognitive reserve and physical health in very late life.* Symposium presented at the annual meeting of the Gerontological Society of America Online.

Martin, P., *Lee, G., Gondo, Y., & Poon, L. W. (2020, November). *Cognitive reserve and cognitive functioning among centenarians.* Presented at the annual meeting of the Gerontological Society of America Online.

*Arieli, R., *Kim, J., & Martin, P. (2020, November). *Predicting perceived health of older adults: The role of health personality and resilience.* Presented at the annual meeting of the Gerontological Society of America Online.

Martin, P. (2019, November). *Strength in age: Harnessing the power of networks,* GSA Fellows symposium. Presented at the annual meeting of the Gerontological Society of America, Austin, TX.

*Zhao, F., Martin, P., & *Lee, G. (2019, November). *Depression and cognitive decline of older adults in the transition to widowhood.* Presented at the annual meeting of the Gerontological Society of America, Austin, TX.

Sober, J., Woodard, J. L., Miller, L., Davey, A., Martin, P., & Poon, L. W. (2019, November). *The relationship between cognition, functional abilities, and the latent dementia phenotype among centenarians.* Presented at the annual meeting of the Gerontological Society of America, Austin, TX.

*Cone, N., *Jasper, A., & Martin, P. (2019, November). *Health personality, health activation,*

and general health. Presented at the annual meeting of the Gerontological Society of America, Austin, TX.

*Arieli, R., Martin, P., & Poon, L. W. (2019, November). *Social support and social resources predicting life satisfaction among centenarians and octogenarians*. Presented at the annual meeting of the Gerontological Society of America, Austin, TX.

*Cone, N., *Lee, G., & Martin, P. (2019, November). *Negative social supports and depressive symptoms among older adults: A cross-lagged analysis.* Presented at the annual meeting of the Gerontological Society of America, Austin, TX

*Lee, G., & Martin, P. (2019, November). *Stability and change in depressive symptoms and cognition for centenarian cohorts.* Presented at the annual meeting of the Gerontological Society of America, Austin, TX.

*Kim, D., & Martin, P. (2019, November). *Older parents' perceived social support and strain from adult children and intergenerational financial transfer.* Presented at the annual meeting of the Gerontological Society of America, Austin, TX.

*Lee, K., & Martin, P. (2019). *Older couples' Big Five personality traits and spousal support*. A joint conference held by several family-related associations in Korea.

TEACHING EXPERIENCES

1985-1991	Aging and the Family Family Development Research Methods Advanced Research Methods Gerontology Seminar Advanced Theories
1991-1998	Aging and the Family Advanced Theories Adult Development Gerontology Seminar
1998-2000	Die ältesten Alten Kognitive Entwicklung im Erwachsenenalter
2000-	Aging and the Family Adult Development Death as a Part of Living Professional Seminar Survey of Gerontology Gerontechnology in Smart-Home Environments (Aging Modules) Theories of Human Development Professional Development in Human Development & Family Studies

Foundations in Gerontology
Advanced Structural Equation and Longitudinal Modeling

HONORS AND AWARDS

2026	Editor of Distinction Award; Springer Publisher
2023	Exemplary Faculty Mentor Award, Iowa State University
2017-2022	Visiting Professor, Osaka University, Japan
2017	Emerging Leadership Academy, Iowa State University
2017	Distinguished Career Contribution to Gerontology Award, Gerontological Society of America
2017	Career Achievement in Research, College of Human Sciences, Iowa State University
2016	University Professor
2013-2014	Fulbright Research Scholar, Osaka University, Japan
2011-	Research Ambassador, German Academic Exchange Service (DAAD)
2009	Regents Faculty Excellence Award
2006-2008	Who's Who in Science and Engineering
2006-2007	Who's Who in American Education
2006, 2004	Who's Who in America
2005	Fellow, Gerontological Society of America
2004	International Achievement Award, College of Family and Consumer Sciences, Iowa State University
2003	Faculty Research Excellence Award, College of Family and Consumer Sciences, Iowa State University
2002, 2009, 2019	Nehru Chair Professor at the Maharaja Savajirao University of Baroda, India
2002	2000 Outstanding Intellectuals of the 21st Century
2001	Who's Who in the World
2000	Who's Who in der Bundesrepublik Deutschland
1995	Visiting Professor, University of Heidelberg, Germany
1995	German Academic Exchange Service Stipend
1994	Phi Kappa Phi
1992-1993	Who's Who Among Human Services Professionals
1990	Gamma Sigma Delta
1988	Outstanding Young Men of America
1986-1987	Lilly Fellow (Instructional Fellowship)
1986	Dissertation Award (Gerontology Society of America)
1984-1985	National Institute on Aging Trainee
1983-1984	National Institute on Mental Health Trainee
1982-1983	German Academic Exchange Student Scholar (DAAD)
1978-1979	Bonn Exchange Student

MEMBERSHIP IN PROFESSIONAL SOCIETIES

2014-	Member, Fulbright Association, Iowa Chapter
1989-	National Council on Family Relations
1986-	International Society for the Study of Behavioral Development

1986- Deutsche Gesellschaft für Psychologie
1986- Deutsche Gesellschaft für Gerontologie
1983- American Psychological Association
1983- Gerontological Society of America

OTHER PROFESSIONAL ACTIVITIES

Grant Reviewer and Advisory Committees

5th Framework Programme of the European Union
AXA Business Services Pvt. Ltd.
Czech Science Foundation
German Academic Exchange Service (DAAD)
Israel Ministry of Science, Technology, and Space
Israel Science Foundation
NIH - Social Psychology, Personality, and Interpersonal Processes Study Section
National Science Center, Poland
Swiss National Science Foundation
U. S. National Science Foundation
Velux Foundation

Editorship and Editorial Board

Social Science Research and Innovations (2024-)
Psychological Studies (2020-)
Journal of Adult Development – Editor-in-Chief (2018-)
Journal of Aging Research – Lead Guest Editor for Special Issue, "Behavioral Factors of Longevity" (2011)
Adult Education Quarterly (1988-1993)
Ageing International (2004-)
Journal of Family and Economic Issues (1994-2013)
Journal of Aging Studies (1999-2013)
The Encyclopedia of Aging, 3rd edition
International Journal of Aging and Human Development (2013-)

Ad-Hoc Reviewer

Age and Ageing
Ageing International
Aging and Mental Health
American Psychologist
Applied Research in Quality of Life
Archives of Gerontology and Geriatrics
Australasian Journal of Ageing
BJPsychOpen
Cambridge University Press
Canadian Journal on Aging
Clinical Chemistry and Laboratory Medicine

Clinical Gerontologist
European Journal of Health Psychology
Family Relations
Geriatric Nursing
Gerontology
Gerontology and Geriatrics International
International Journal of Aging and Human Development
International Journal of Behavioral Development
International Journal of Geriatric Psychiatry
Inquiry
Journal of Aging and Health
Journal of Aging and Social Policy
Journal of Applied Gerontology
Journal of Gerontology: Biological Sciences
Journal of Gerontology: Medical Sciences
Journal of Gerontology: Psychological Sciences
Journal of Gerontology: Social Sciences
Journal of Marriage and the Family
Journal of Personality
Journal of the American Geriatrics Society
Oxford University Press
Personality and Individual Differences
Personality and Social Psychology Bulletin
PLOS ONE
Psychological Bulletin
Psychology and Aging
Psychology and Health
Quality of Life Research
Routledge – Taylor and Francis Group
Sage Publications
Social Science and Medicine
The Gerontologist
The Social Science Journal
The Spanish Journal of Psychology
World Psychology
Zeitschrift für Gerontologie und Geriatrie

ACTIVITIES IN PROFESSIONAL ORGANIZATIONS

Gerontological Society of America (Behavioral Science Section):

- Program Co-Chair, Annual Meeting of the Gerontological Society, Austin, 2019
- Distinguished Career Contribution to Gerontology Award Committee, 2018
- Fellowship Committee, Chair Elect, 2017-2018
- Fellowship Committee, Chair, 2018-2019
- BSS Distinguished Career Award Committee, Chair Elect, 2011
- BSS Distinguished Career Award Committee, Chair, 2012
- BSS Distinguished Career Award Committee, Past Chair, 2013

Fulbright Association, Iowa Chapter, Board of Directors, 2015-2025
Leadership Committee, International Consortium of Centenarian Studies, 1993-
Local Steering Committee, International Conference on Smart Homes and Health Telematics, 2008
Iowa Coalition on Mental Health and Aging, Member, 2006-
Gerontological Society of America: Program Planning Committee, 1986-1989
International Potsdam Conference "Changes in Family and Childhood," Consultant, 1994
International Conference "Healthy Aging, Physical Activity and Sports," Consultant, 1995
German Gerontological Society: Program Planning Committee, 1998
International Congress "Activity and Aging," Program Committee, 1999

SERVICE

External Support

Martin, P., Lee, J., Franke, W., & Joynt, M. for Healthiest Ames (2017-2018). "*A home-based exercise program for older adults*." Story County Community Foundation, $4,079.

Public Presentations (selected, last six years).

Martin, P. (2026, April). *Aging well into very late life.* Presented at the Golden Kiwanis, Ames, Iowa.
Martin, P. (2026, January). *Healthy longevity.* Presented at the Green Hills Retirement Community. Ames, IA.
Martin, P. (2025, August). *Healthy longevity*. Presented at the Northcrest Community. Ames, IA.
Martin, P, & Hanson, S. (2025, May). *Longevity in the 21st century.* Presented at Prime Time Alive, Ames, IA.
Martin, P., (2023, June). *Why are more Canadians living past 100?* Panel Member at TVO's The Agenda with Steve Paikin. https://www.youtube.com/watch?v=PpmcIyfi36A
Martin, P. (2023, May). *Longevity, health, and happiness.* Public presentation at the public library, Gothenburg, Sweden.
Martin, P, & Brottman B. (2023, May). *Longevity, health, and happiness.* Presented at Prime Time Alive, Ames, IA.
Martin, P. (2022, July). *The importance of psychosocial well-being for aging adults.* Webinar organized by the Iowa Department of Human Resources and Iowa Department of Aging.
Martin, P. (2021, May). *Healthy longevity and lifelong successful aging.* Presented at the Lifelong Smiles Coalition.
Martin, P. (2021, February). *Healthy longevity*. Presented at the Des Moines Aging Consortium.
Martin, P. (2020, October). *Frailty and fatigue among the oldest old.* Presented at the Grand Rounds, Mary Greeley Medical Center.
Martin, P. (2020, June). *Keys to healthy aging.* Presented at Prime Time Alive, Ames, IA.
Martin, P. (2020, June). *Building resilience in the face of crisis.* Presented at Bethany Life, Story City, IA.
Martin, P. (2020, May). *COVID-19 and older adults*. Talk of Iowa. Iowa Public Radio.
Martin, P. (2020, May).*Building resilience in the face of crisis.* Presented at Prime Time Alive, Ames, IA.

Recent Media Citations and Interviews

Labrador, C. (2026, June). Adding life to your years. *HONOLULU Magazine*.

Long, J. (2025, November 3). *Iowa's Century Club: Why more Iowans are living past 100 and their secrets to a long life*. KCCI. https://www.kcci.com/article/centenarians-iowa-aging-population/69167999

Hochman, D. (2025, June/July). *A tale of two grandmothers.* AARP. The Magazine.

Block, F. (2023, January 5). The oldest person in the US, Bessie Hendricks, dies at 115 in Iowa nursing home. *The Des Moines Register.* https://www.desmoinesregister.com/story/news/nation/2023/01/05/americas-oldest-person-bessie-hendricks-dies-115/10994158002/

Heid, M. (2021, June). So you had it rough? Good! *Reader's Digest*.

Heid, M. (2020, May 11). What people who live long — and through pandemics, war, and more — have in common - It may be a combination of genetics, lifestyle, attitude, and a yearning to keep on going. *Medium.* Retrieved from https://elemental.medium.com/what-people-who-live-long-and-through-pandemics-war-and-more-have-in-common-81d2315f7326

MEMBERSHIP AND COMMUNITY SERVICE

2023, 2024	Maui Zoom Support Group (Virtual)
2020-	Bethany Life, Board of Directors
2011-2021	Healthiest Ames Advisory Board
2015-2016	Member, Awareness Committee, Heartland Senior Services
2015-2022	Member, Governance Committee, Heartland Senior Services
2017-2018	Member, Facilities Committee, Heartland Senior Services
2015-2022	Member, Heartland Senior Services Board of Directors
2015-2017	CEO Search Committee, Northcrest Community
2013-2017	Steering Committee, Northcrest Community
2012-2017	President, Northcrest Foundation
2011-2017	Member, Northcrest Foundation
2009-2017	Member, Financial Affairs Committee, Northcrest Inc.
2011-2015	Member, Scholarship Committee, Northcrest Inc.
2011-2015	Chair, Health Committee, Northcrest Inc.
2009-2015	Member of Board of Directors, Northcrest Inc.
2012-2015	Member, Personnel Committee, Northcrest Inc.
2008-2010	Great Plains Interactive Distance Education Alliance, Peer Review Committee
2007-2013	Member, Advisory Committee, Wesley at Home
2001-2003	Chair, Education Subcommittee, Geriatric Education Center at Des Moines University
2001-2007	Member of the Advisory Board, Geriatric Education Center at Des Moines University
2001	Consultant, AARP Andrus Foundation project: Living with multiple chronic health conditions (L. Poon, Principal Investigator)
2000	Mature Workers Consortium of Iowa
1999-2000	Consultant, EXPO 2000, "Future Health, Active Aging"
1999-2000	Fakultätsrat der Fakultät für Sozial- und Verhaltenswissenschaften an der

Ruprecht-Karls Universität Heidelberg [Faculty committee of the College of Social- and Behavioral Sciences at the Ruprecht-Karls University of Heidelberg]