



MAKING A DIFFERENCE *for Iowans*

Let's Talk Reading with Dr. Constance Beecher

Twitter: <https://twitter.com/LetsTalkReading>

While we want to encourage reading and active learning, don't feel guilty if your children have been getting more screen time lately! There are many worthwhile learning activities that families can do online. Check out [this article](#) at Raising Kids During a Pandemic: 12 Tips for Parenting Young Kids During the Coronavirus (COVID-19) Crisis.

<https://30seconds.com/mom/tip/19255/Raising-Kids-During-a-Pandemic-12-Tips-for-Parenting-Young-Kids-During-the-Coronavirus-COVID-19-Crisis>

Reading Tips

- Let your child see you enjoy reading.
- Read signs, menus, mail, billboards, cereal boxes, recipes, calendars, newspapers, magazines, labels and other everyday items.
- Play word games. For example, say, "I see something brown that barks. What is it? Or, I have a shoe, it's new. You have a shoe; it is (ask your child what rhymes with shoe (blue).)" Play when you're in the car, cleaning, or eating.
- Check out the [Science of Parenting](#) and [Just in time Parenting](#) for more tips & suggestions. <https://jitp.info/>

Theme of the week: Spring into Earth Day

Start the day with a song!	Lots of examples on Youtube, here are two favorites: Spring songs! Over in the Meadow.
Question of the week	What are the signs of Spring? How do we know spring is here?
Read about it	Read And then it's Spring.
Reflect	Earth Day is April 22nd. Try this letter recycling activity! Can you find objects from A-Z to paint with in your house?
Explore a challenge	Learn more about the signs of spring!
Read about it	Read Over in the Meadow As you read, make up movements to go with the verbs, like pretending to dig.
Do	Play a math game " How does your garden grow? "
Relax	End the day with some Yoga! Learn some spring garden yoga.